

## 2012實證醫學月會報告

# Interferon-y Release Assays and Active Tuberculosis

檢驗醫學部 指導老師 林宜靜醫師 住院醫師 楊豐碩 2012.01.16



## 縮寫表

- IGRA: Interferon-γ release assay (IGRA)
- TB: Tuberculosis
- LTBI: Latent tuberculosis infection
- TST: tuberculin skin test
- NAA: nucleic acid amplification
- PCR: polymerase chain reaction
- AFB: acid fast bacillus



## 臨床情境 (Clinical Scenario)

- 檢驗醫學部接到臨床醫師諮詢電話:
  - 目前肺結核病的診斷有賴於細菌培養。但細菌培養在急需確診和治療的病人身上常緩不濟急。
  - 所以驗檢驗科可否可引進Interferon-γ release assay (IGRA) 的檢驗,以幫助臨床醫師快速診斷active tuberculosis?



#### 所形成的臨床問題

#### 臨床單位的訴求

- 想新增檢驗項目IGRA
  - 可快速檢驗
  - 檢體為血液(或體液)
  - 幫助醫師及早診斷和治 療

#### 檢驗單位的疑問

- 我們目前用來診斷TB的指標有哪些?
- IGRA對於active TB的診斷 是否有足夠的證據支持?
- 若真的要新增此檢驗項目, 設備及試劑成本如何?是否 有健保給付?

→ IGRA是否適用來診斷active TB?



## **Background Questions**

- Interferon-γ release assay (IGRA)是甚麼?
- · 診斷active TB的檢驗項目有哪些?
- 診斷active TB gold standard是甚麼?
- 目前本院用的指標有哪些?





## **Background Questions**

- Interferon-γ release assay (IGRA)是甚麼?
- (source: http://www.cellestis.com/IRM/content/compinfo/pic\_4\_3pic1.gif)

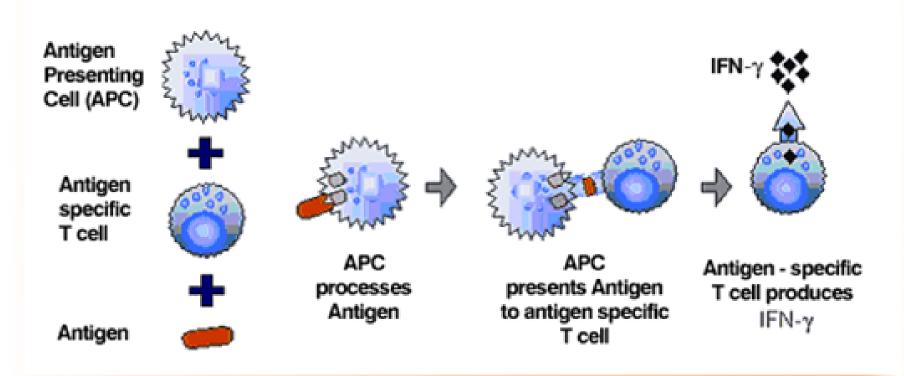
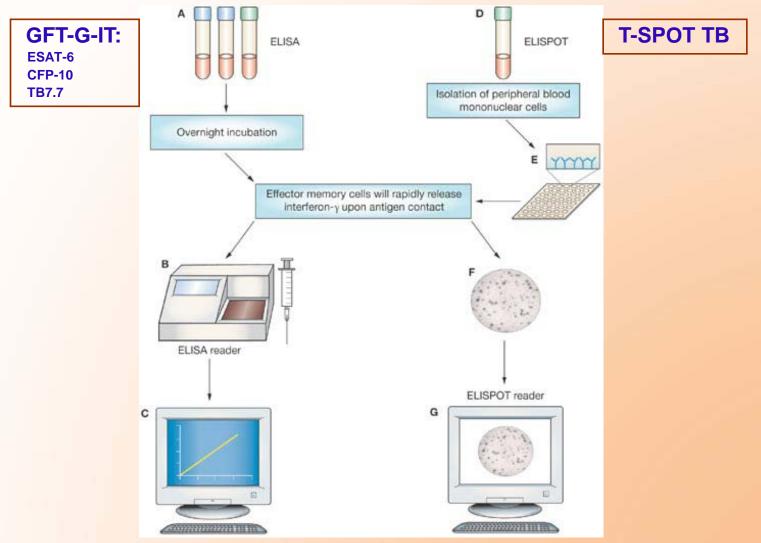


Figure 1 T-cell interferon-γ release assays for the diagnosis of *M. tuberculosis* infection



Lange C et al. (2007) Rapid immunodiagnosis of tuberculosis in a woman receiving anti-TNF therapy Nat Clin Pract Rheumatol 3: 528–534 doi:10.1038/ncprheum0571





## **Background Questions**

• (source: )



#### Interferon Gamma Release Assays (IGRA): An Alternative to TST?

 Principle: Measure interferon-gamma (IFN-γ) produced by sensitized T cells stimulated by TB antigens









## **Background Questions**

- Interferon-γ release assay (IGRA)是甚麼?
- · 診斷active TB的檢驗項目有哪些?

AFB smear, culture (L-J, MGIT), BACTEC, NAA (E-MTD, PCR)

- 診斷active TB gold standard是甚麼?
- 目前本院用的指標有哪些?

- AFB: acid fast bacillus
- NAA: nucleic acid amplification
- PCR: polymerase chain reaction





## 搜尋UpToDate

· 關鍵字: "Tuberculosis" "IGRA"





## Results from Searching: Summaries UpToDate.



Database	UpToDate	
Title of article	IGRAs for latent tuberculosis infection	
Content	IGRAs are diagnostic tools for LTBI	
	(Latent tuberculosis infection).	
	The goal of testing for LTBI is to identify	
	individuals who are at increased risk for	
	the development of tuberculosis and	
	therefore who would benefit from	
	treatment of latent TB infection.	



## Results from Searching: Summaries UpToDate.



Database	UpToDate
Title of article	Diagnosis of latent tuberculosis infection in adults
Content	In general, testing for latent TB infection is warranted to identify individuals who are at risk of new infection, and to identify individuals at increased risk of reactivation due to associated conditions.



## Results from Searching: Summaries UpToDate



Database	UpToDate	
Title of article	Diagnosis of latent tuberculosis infection in adults	
Content	Patients with positive TST(tuberculin skin test)	
	or IGRA results must undergo clinical	
	evaluation to rule out active tuberculosis	
	and to assess need for LTBI therapy.	
	This includes evaluation for symptoms	
	(eg, fever, cough, weight loss), physical	
	exam, and radiographic examination of	
	the chest.  Jeanne Yiching Lin	



# Results from Searching: Summaries UpToDate



Database	UpToDate	
Title of article	Rapid diagnostic tests for tuberculosis	
Content	American Thoracic Society consensus	
	conference recommendations for	
	treatment, isolation, and contact	
	investigations based upon clinical	
	suspicion, AFB (acid fast bacillus) smear,	
	and NAA (nucleic acid amplification) results.	



## Foreground Questions

• IGRA在診斷active TB的能力如何?





### EBM的步驟

- Asking
  - 將臨床問題寫成PICO
- Acquire
  - 一找資料來回答問題
- Appraisal
  - 一嚴格評讀文獻
- Apply
  - -是否可應用到病人身上



## **PICO**

Patient/Problem	A patient is suspected active TB  Interferon-γ release assay (IGRA)	
Intervention		
C Comparison	Bacterial culture (gold standard)	
Outcome	Diagnosis accuracy for active TB	





## EBM的步驟

- Asking
  - 將病人的問題寫成PICO
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# Searching Strategy 1: Finding out The Correct Keywords

# Keywords from PICO item MeSH database to identify every term

"interferon-γ release assay (IGRA) "

"active tuberculosis"





#### Search for Answers



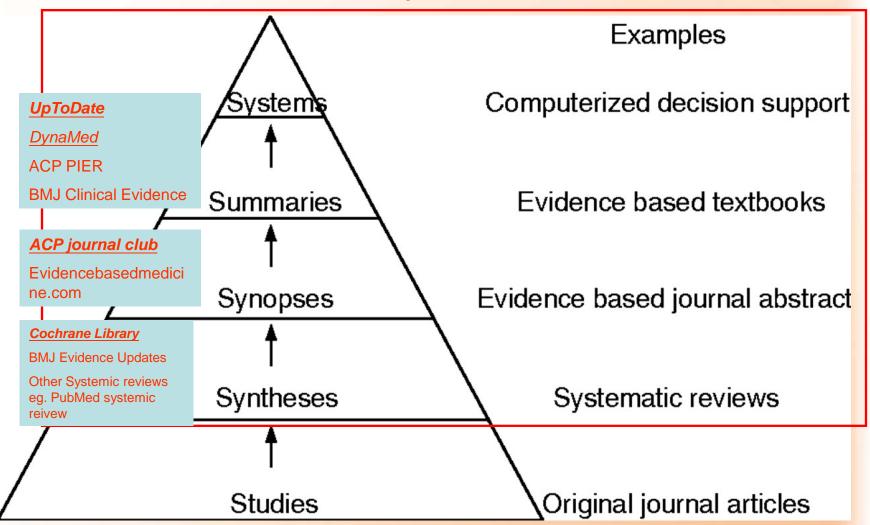








## Secondary database





#### 搜尋Cochrane Database of

#### Systemic Review

● 關鍵字: "active tuberculosis" →12篇

EBM Reviews - Cochrane Database of Systematic

Reviews

<4th Quarter 2003>























#	Search History	Results	Display
1	tuberculosis.mp. [mp=title, short title, abstract, full text, keywords, caption text]	73	Display
2	diagnosis.mp. [mp=title, short title, abstract, full text, keywords, caption text]	1539	Display
3	1 and 2	44	Display
4	active tuberculosis.mp. [mp=title, short title, abstract, full text, keywords, caption text]	12	Display

Run Saved Search





Enter Keyword or phrase:

Perform Search

Limit to:

Systematic Reviews □ Protocols □ New Reviews □ Recently Updated Reviews

**Active TB:** 

共12篇,

與PICO相關性低

Results of your search: active tuberculosis.mp. [mp=title, short title, abstract, full text, keywords, caption text]

Citations displayed: 1-10 of 12

Go to Record: 1



Citation Manager . Help . Logoff



## EBM Reviews - Cochrane Central Register of Controlled Trials

- Title: Characteristics of a diagnostic method for tuberculosis infection based on whole blood interferon-γ assay
- Journal: Kekkaku. 2006 Nov;81(11):681-6.
- Summary: IGRA可診斷latent tuberculosis infection (LTBI)且優於TST(無全文)





## 搜尋PubMed



• 關鍵字: "Active TB + IGRA" (Limits: meta-analysis or RTC, Human, English)

History

Add to builder Items found Search Query #10 Search #1 AND #2 Limits: only items with abstracts, Humans, Meta-Analysis, Randomized Controlled Add Trial, English #9 Search #1 AND #2 AND #7 Limits: only items with abstracts, Humans, Meta-Analysis, Randomized Add Controlled Trial, English #8 Add Search sensitivity and specificity Limits: only items with abstracts, Humans, Meta-Analysis, 8018 Randomized Controlled Trial, English #7 Add Search culture Limits: only items with abstracts, Humans, Meta-Analysis, Randomized Controlled 6069 Trial, English #6 Add Search cultue Limits: only items with abstracts, Humans, Meta-Analysis, Randomized Controlled Trial, English Add Search Interferon-y release assays Limits: only items with abstracts, Humans, Meta-Analysis, 26 Randomized Controlled Trial, English #5 Search active tuberculsis Limits: only items with abstracts, Humans, Meta-Analysis, Randomized Add Controlled Trial, English #1 Add Search active tuberculosis Limits: only items with abstracts, Humans, Meta-Analysis, Randomized 172 Controlled Trial, English



## PubMed文獻搜尋過程與結果

關 鍵 字	篇數
#1 active tuberculosis	172
#2 Interferon-γ release assays	26
#3 culture	6069
#4 sensitivity and specificity	8081
#1 AND #2 AND #3 AND #4	1 (不適用)
#1 AND #2 AND #4	7 (2篇符合 PICO)

e Yiching Lin



## 搜尋到的文章標題

- Title: Interferon- γ release assays for the diagnosis of active tuberculosis: a systematic review and meta-analysis
- Journal: Eur Respir J 2011; 37: 100–111





## 搜尋到的文章標題

- Title: IGRAs for active pulmonary
   TB diagnosis in adults in low- and
   middle-income countries:
   systematic review and meta analysis.
- Journal: <u>J Infect Dis.</u> 2011 Nov 15;204
   Suppl 4:S1120-9. (無全文)





#### J Infect Dis. 2011 Nov 15;204 Suppl 4:S1120-9

- Results:
- 27 observational studies (17 QFT-GIT and 10 T-SPOT) evaluating 590 HIVuninfected and 844 HIV-infected individuals.
- HIV-infected patients, pooled sensitivity 76% (45%-92%) for T-SPOT and 60% (34%-82%) for QFT-GIT.





#### J Infect Dis. 2011 Nov 15;204 Suppl 4:S1120-9

- Results:
- pooled specificity estimates were low for both IGRA platforms among all participants (T-SPOT, 61% [40%-79%]; QFT-GIT, 52% [41%-62%]) and among HIV-infected persons (T-SPOT, 52% [40%-63%]; QFT-GIT, 50%).





#### J Infect Dis. 2011 Nov 15;204 Suppl 4:S1120-9

#### Conclusion:

In low- and middle-income countries, neither the tuberculin skin test nor IGRAs have value for active TB diagnosis in adults, especially in the context of HIV coinfection.





### EBM的步驟

- Asking
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- Apply
  - 一是否可應用到病人身上



## Critical Appraisal

Valid: systematic review or diagnostic worksheet

Importance: what were the result?

Applicability: population and feasibility





## 搜尋到的文章標題

- Title: Interferon- γ release assays for the diagnosis of active tuberculosis: a systematic review and meta-analysis
- Journal: Eur Respir J 2011; 37: 100–111





## What question did the systematic review addressed (PICO) 想要回答什麼問題?

■是	□否	□ 不清楚
meta-analysis of st the diagnostic perfo	natically reviewed an udies that simultane ormance [O] of IGR active tuberculosis [I	ously investigated  A [I] and culture



## Is it unlikely that important, relevant studies were missed 沒有遺漏重要的文獻?

■是	□否	□不清楚		
評論: Retrieving the literatu	評論: Retrieving the literature:			
All studies published in the PubMed, EMBASE, Cochrance- controlled central register of controlled trials from 2001/02 through 2009/11 that evaluated IGRA for the diagnosis of active TB in human were identified.				
According to the guidelines of the preferred reporting items for systematic reviews and meta-analyses (PRISMA) statement and the quality assessment of diagnostic accuracy studies (QUADAS) checklist.				



## Is it unlikely that important, relevant studies were missed 沒有遺漏重要的文獻?

■是		□否	□ 不清楚	
<mark>評</mark> 論 (1)				
(2) (3)				
(4)	Test: IGRA ("T-spot" OR "Quantiferon" OR "interferon-gamma release assay" OR "ESAT-6" OR "CFP-10")			
(5)	Disease: active tube	erculosis		



## Were the criteria used to select articles for inclusion appropriate 選擇文獻的準則適當?

■是	□否	□不清楚
<b>評論</b> :		
Selection of studies a	and data extraction: (b	y 2 reviewers)
◆Only included studies t	hat reported the assessme	nt of commercially
available IGRAs in indiv	viduals with a clinical suspi	cion of active TB,
performed on blood or l	piological fluids other than l	olood.
◆ The following types of	studies were excluded 1) of	ase reports, editorials and
reviews on immunolog	ical studies; 2) laboratory s	studies; 3) animal studies;
4) studies performed w	rith assays other than QFT	-G-IT or T-SPOT.TB1; 5)
studies not performed	according to manufacturer	s' instructions



## Were the criteria used to select articles for inclusion appropriate 選擇文獻的準則適當?

■是	□否	□ 不清楚
tuberculosis culture, ch acid amplification tests these strict criteria, dat 7) studies performed w	ere pulmonary TB was not naracteristic histopathologic in .50% of cases (in mixed a were analysed for the contith cut-offs for positive test dies where selected patient testing	cal findings and/or nucleic I studies, i.e. those without infirmed cases separately); results that are not
◆Restricted to publica	tions in English.	



#### Flow Diagram for Study Selection

844 potentially relevant citations identified by electronic databases (825) and supplementary sources (19) 817 excluded in total for the Distributed among following reasons: five pairs of two experts 233 Lab studies Other than QFT-G-IT 169 791 excluded or T-SPOT.TB No original article 152 123 53 studies analysed Animal studies TB not confirmed 109 in detail 12 Under treament Not according to manufacturer 11 instructions Cut-offs not used in Europe Distributed among Manuscript not available five pairs of two experts Non-TB patients Duplicate studies 26 excluded. Same patients as in other study 27 studies finally included: 18 Blood Extrasanguinous Diagnostic assays: T-SPOT.TB and TST 11 QFT-G-IT and TST T-SPOT.TB, QFT-G-IT 4 and TST Other IGRA 8 combinations Origin of study: Low prevalence 15 country High prevalence 12

country

1

4



### 所引用研究統計表: (共27篇, 3821人)

**TABLE 1** Characteristics of the included studies (also stratified for adults and children)

Variable	All individuals	Adults	Children
Country#			
South Africa	6/35 (17.1)	5/31 (16.1)	1/4 (25.0)
Italy	5/35 (14.3)	4/31 (12.9)	1/4 (25.0)
Germany	5/35 (14.3)	5/31 (16.1)	
Korea	4/35 (11.4)	4/31 (12.9)	
UK	2/35 (5.7)		2/4 (50.0)
Other	13/35 (37.1)	13/31 (41.9)	
Studies	27/27 (100.0)	23/27 (85.2)	4/27 (14.8)
Length of study months	16.8 ± 8.7	16.2±7.9	23 ± 10.4
Prospective design	26/27 (96.3)	23/23 (100)	3/4 (75)
Individuals enrolled	91 (148)	89 (131)	204.5 (75.5)
Studies enrolling immunocompromised patients	17/21 (81)	15/18 (83.3)	1/4 (25.0)
Studies enrolling HIV+ patients	14/21 (66.7)	13/15 (86.6)	1/4 (25.0)
Proportion of immunocompromised patients enrolled per study	28.3 (42.1)	30.8 (37.8)	NA
Immunocompromised patients enrolled per study	20 (38)	24 (39.5)	NA
Male:female ratio	2262:1559 (1.45:1)	1818:1167 (1.56:1)	444:392 (1.13:1)
Proportion of BCG immunised per study	53.8 ± 25.3	42.1 <u>+</u> 19.9	74.2 <u>+</u> 21.4
Number of BCG immunised per study	62 (141)	27 (58)	201 (39.75)
Proportion of AFB smear positive patients	20 (41.6)	25 (45)	
Diagnostic assays			
T-SPOT.TB® and TST	11/27 (40.8)	10/23 (43.5)	1/4 (25.0)
QFT-G-IT and TST	4/27 (14.8)	3/23 (13.0)	1/4 (25.0)
T-SPOT.TB®, QFT-G-IT and TST	4/27 (14.8)	2/23 (8.7)	2/4 (50.0)
Others (IGRAs only)	8/27 (29.6)	8/23 (34.8)	

Data are presented as n/n total (%), mean ± sp or median (interquartile range), unless otherwise stated. BCG: bacille Calmette–Guérin; AFB: acid fast bacilli; TST: tuberculin skin test; QFT-G-IT: QuantiFERON-TB® Gold in-tube; IGRA: interferon-γ release assay. #: 35 countries contributed to 27 studies.



## Test characteristics 診斷工具的特性

- Sensitivity (敏感度):
  - 有病者檢驗呈陽性的機率
- Specificity (特異性):
  - 無病者檢驗呈陰性的機率
- Positive likelihood ratio (陽性相似比):
  - 有病者/無病者 檢驗呈陽性的比率 LR+= sens/(1-spec)
- Negative likelihood ratio (陰性相似比):
  - 有病者/無病者 檢驗呈陰性的比率 LR-=(1-sens)/spec
- Positive predictive value (PPV) (陽性預測值):
  - 測驗陽性者有病的機率 PPV. = P \* Sen. / {P \* Sen. + (1 p)(1 Spe.)}
- Negative predictive value (NPV) (陰性預測值):
  - 測驗陰性者無病的機率 NPV. = (1 P)Spe. / {P(1-Sen.) + (1 P)Spe.}

Pre-test odds x Likelihood ratios = Post-test odds





### Sensitivity, Specificity and OR of TST

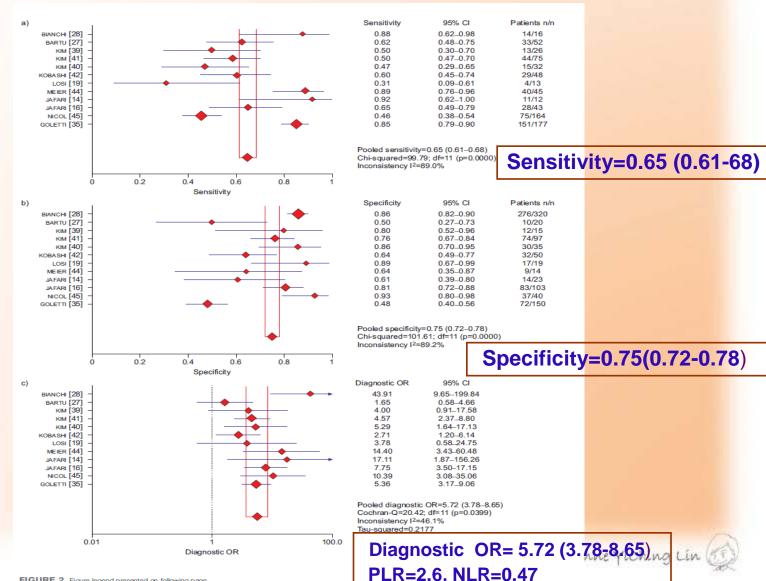


FIGURE 2. Figure legend presented on following page.



### Sensitivity, Specificity and OR of QFT-G-IT

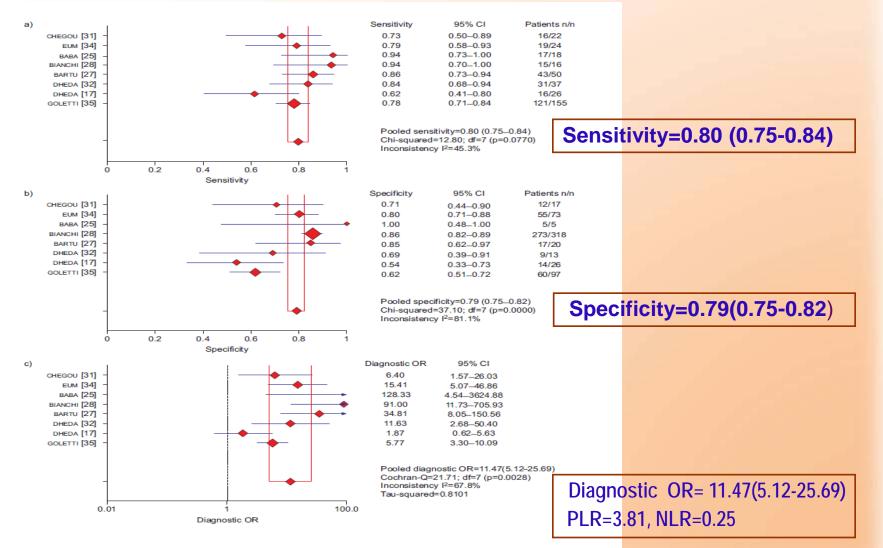
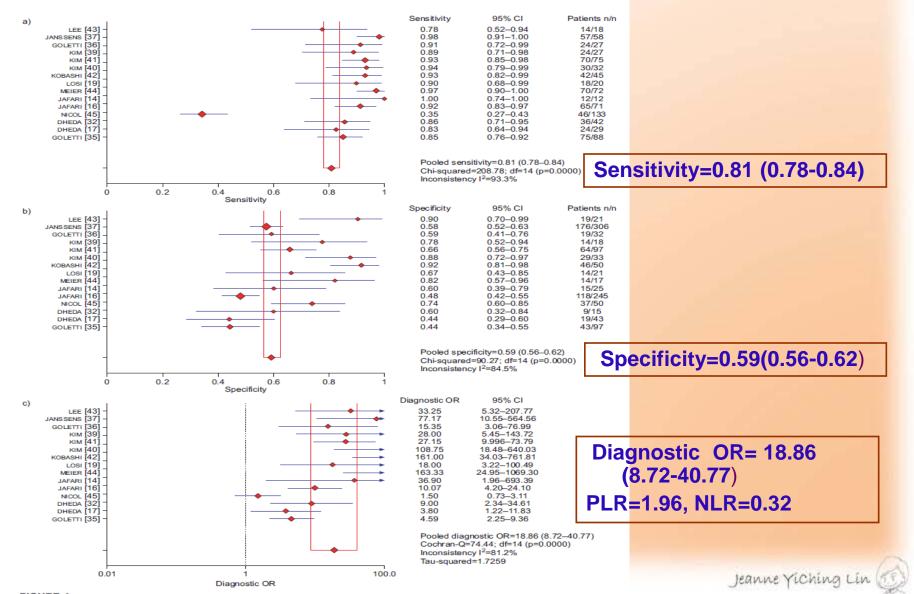


FIGURE 3. Forest plots of sensitivity, specificity and diagnostic odds ratio of QuantiFERON-TBs Gold in-tube performed on blood samples. Data represent pooled values that were computed on all tuberculosis cases (culture-confirmed and non-confirmed cases) where data on both sensitivity and specificity were available (8 studies). If values were computed including all studies that have reported sensitivity (13 studies), pooled sensitivity was 77% (95% CI 75–80%; F = 64.5%). df: degrees of freedom.





### Sensitivity, Specificity and OR of T-SPOT TB





## Were the included studies sufficiently valid for the type of question asked

選擇的文獻有效回答所問的問題?

■是	□否	□ 不清楚

#### 評論:

◆IGRAs had a higher sensitivity and lower negative likelihood ratio than TST markers.

(LR+  $\geq$ 4 valuable,  $\geq$ 10 good; LR-  $\leq$ 0.6 useful,  $\leq$ 0.1 good.)

	sensitivity	specificity	PLR	NLR
TST	0.65	0.75	2.6	0.47
QFT	0.80	0.79	3.81	0.25
T-SPOT	0.81	0.59	1.96	0.32



## Were the included studies sufficiently valid for the type of question asked

選擇的文獻有效回答所問的問題?

■是	□ 否	□ 不清楚

#### 評論:

- Diagnostic sensitivities of IGRAs were higher than TST but NOT high enough to use as a rule out test for TB.
- Low specificity may indicate limited value of IGRAs to distinguish latent M. TB infection form active TB.



#### Were the results similar from study to study

各研究的結果相似?

□是	■否	□不清楚
評論:		
The heterogeneity	and inconsistency be	etween some
studies in this analy	ysis is significant.	



## Conclusions

- Diagnostic sensitivities of IGRAs were not high enough to use as a rule out test for TB.
- Low specificity may indicate limited value of IGRAs to distinguish latent M. TB infection form active TB.





#### Evidence-based Medicine 2011 Levels of Evidence

#### Oxford Centre for Evidence-Based Medicine 2011 Levels of Evidence

Question	Step 1 (Level 1*)	Step 2 (Level 2*)	Step 3 (Level 3*)	Step 4 (Level 4*)	Step 5 (Level 5)
How common is the problem?		Systematic review of surveys that allow matching to local circumstances**	Local non-random sample**	Case-series**	n/a
Is this diagnostic or monitoring test accurate? (Diagnosis)	of cross sectional studies with consistently applied reference		Non-consecutive studies, or studies without consistently applied reference standards**	Case-control studies, or "poor or non-independent reference standard**	Mechanism-based reasoning
What will happen if we do not add a therapy? (Prognosis)	Systematic review of inception cohort studies	Inception cohort studies	Cohort study or control arm of randomized trial*	Case-series or case- control studies, or poor quality prognostic cohort study**	n/a
Does this intervention help? (Treatment Benefits)	of randomized trials or <i>n</i> -of-1 trials		Non-randomized controlled cohort/follow-up study**	Case-series, case-control studies, or historically controlled studies**	Mechanism-based reasoning
What are the COMMON harms? (Treatment Harms)	trials, systematic review	or (exceptionally) observational study with dramatic effect	Non-randomized controlled cohort/follow-up study (post-marketing surveillance) provided there are sufficient numbers to rule out a common harm. (For long-term harms the duration of follow-up must be sufficient.)**		Mechanism-based reasoning
What are the RARE harms? (Treatment Harms)	trials or <i>n</i> -of-1 trial	Randomized trial or (exceptionally) observational study with dramatic effect			
Is this (early detection) test worthwhile? (Screening)	Systematic review of randomized trials		Non -randomized controlled cohort/follow-up study**	Case-series, case-control, or historically controlled studies**	Mechanism-based reasoning





## EBM的步驟

- Asking
  - 將病人的問題寫成PICO
- Acquire
  - 一找資料來回答問題
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## 應用到臨床上

- 和TST相比, IGRAs不易受BCG 或NTM干擾, 且有較高的靈敏度.
- 但IGRAs無法區別LTBI和active TB, 因此目前多用於LTBI的偵測.
- IGRAs特異性較低,所以仍無法當作active TB的確診工具.
- · 醫療成本的考量: 經本院評估, 進行一次 IGRA約需新台幣5000~6000元(含儀器耗材 成本和人員操作費用), 明顯高於NAA (PCR)的方法.



### Grades of Recommendation

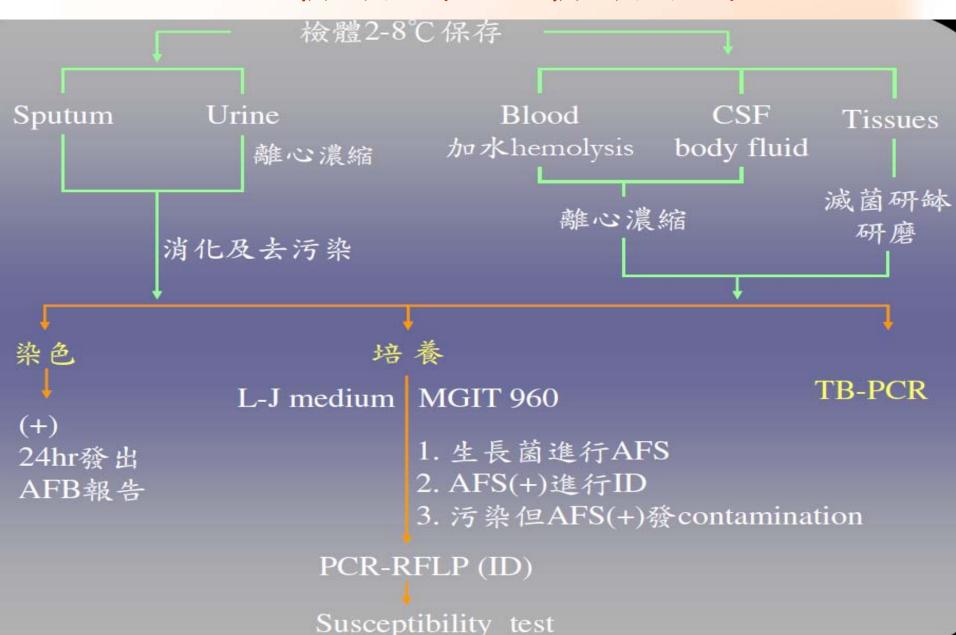
A	consistent level 1 studies
В	consistent level 2 or 3 studies <i>or</i> extrapolations from level 1 studies
С	level 4 studies <i>or</i> extrapolations from level 2 or 3 studies
D	level 5 evidence <i>or</i> troublingly inconsistent or inconclusive studies of any level



## 謝謝聆聽



## 檢驗部TB檢驗流程



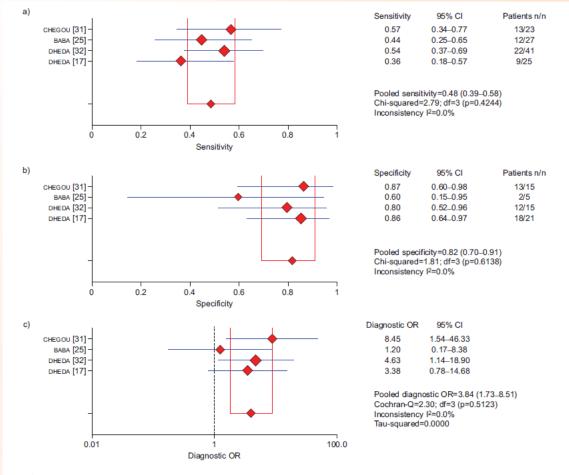


FIGURE 5. Forest plots of sensitivity, specificity and diagnostic odds ratio of QuantiFERON-TB® Gold in-tube performed on extrasanguinous samples. Sensitivity data represent pooled values that were computed on all tuberculosis cases (culture-confirmed and non-confirmed cases). All studies reported data on both sensitivity and specificity, df: degrees of freedom.

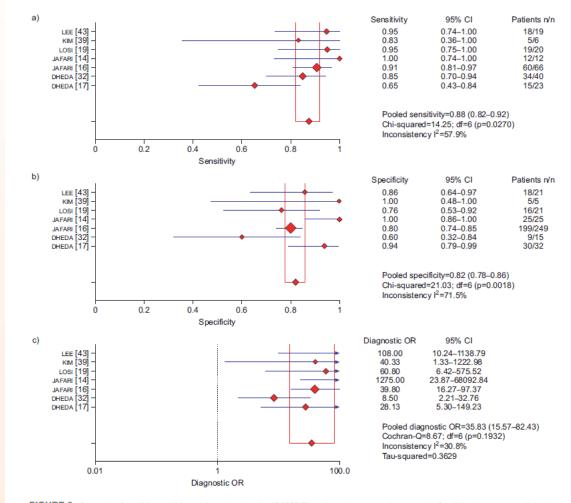
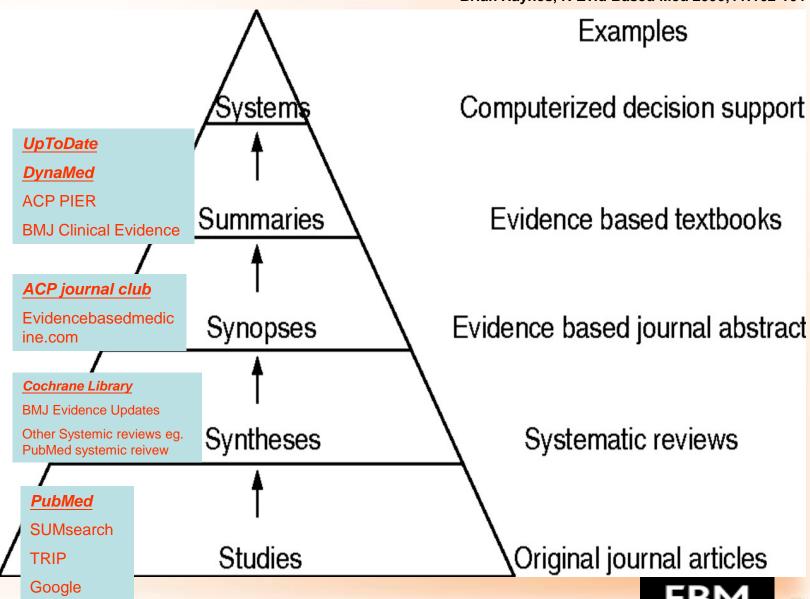


FIGURE 6. Forest plots of sensitivity, specificity and diagnostic odds ratio of T-SPOT. 78% performed on extrasanguinous samples. Sensitivity data represent pooled values that were computed on all tuberculosis cases (culture-confirmed and non-confirmed cases). All studies reported data on both sensitivity and specificity. df: degrees of freedom.

#### The "5S" levels of organisation of evidence from healthcare research

Brian Haynes, R Evid Based Med 2006;11:162-164





## Potential actions while waiting for tuberculosis culture result

Potential actions while waiting for tuberculosis culture result

		Hig	gh clinical suspic	ion of tuberculosi	S	Low clinical suspicion of tuberculosis			
Potential action	NAA results	AFB sme	ear (+)	AFB sme	ear (-)	AFB sme	ar (+)	AFB sme	ear (-)
	results	Action without NAA results	Action with NAA results	Action without NAA results	Action with NAA results	Action without NAA results	Action with NAA results	Action without NAA results	Action with NAA results
Treat	(+)	Yes	Yes	Yes	Yes	Yes	Yes	No	?
Isolate	(+)	Yes	Yes	Yes	Yes	Yes	Yes	No	?
Begin contact investigation	(+)	Yes	Yes	No	Yes	Yes	Yes	No	No
Treat	(-)	Yes	?	Yes	?	Yes	No	No	No
Isolate	(-)	Yes	?	Yes	No	Yes	No	No	No
Begin contact investigation	(-)	Yes	No	No	No	Yes	No	No	No

Adapted from Catanzaro, A, Davidson, BL, Fujiwara, PI, et al, Am J Respir Crit Care Med 1997; 155:1804.



# Tuberculosis direct amplified tests in AFB smear-positive versus smear-negative patients

#### Tuberculosis direct amplified tests in AFB smear-positive versus smear-negative patients

	Overall, percent	Smear-positive, percent	Smear-negative, percent
Sensitivity	77/80*	95/96*	48/53*
Specificity	96/99*	100•	96/99*
PPV	57/85*	100•	24/58*
NPV	99•	86/90*	99•

PPV: positive predictive value; NPV: negative predictive value.

. Single values indicate the two assays had the same value.



<sup>\*</sup> All numbers represent percentages. When two numbers are given for a particular entry, they represent the percentages obtained from the two types of direct amplification tests. For some results, the Gen-Probe assay had the higher value and for others, the Roche assay was higher. The table does not identify which values are associated with either assay. The wide differences shown in the table for positive predictive value in the overall and smear-negative columns cannot be used to infer that one of the tests was superior, both because the two tests were studied on different samples and because the confidence intervals for the results would overlap. If one manufacturer sought to claim superior performance for its test, that claim would have to be based on results from a controlled, head-to-head clinical trial.



## Results from Searching: Summaries UpToDate.



Database	UpToDate
Title of article	Interferon-gamma release assays for latent tuberculosis infection
Content	IGRAs cannot distinguish between latent infection and active TB disease, and should not be used for diagnosis of active TB in adults.