



Fentanyl patch

(fentanyl 12 mcg/h)

For relieving pain

How to use Opiodur®



1

Make sure your **skin is completely clean, dry** and cool before you put the patch on. Use cold water to clean the skin. (Do not use soap)



2

Gently tear or cut off the edge of the sachet completely and avoid damaging the patch. Take the patch out and **use it straight away**.



3

Remove the shiny plastic backing, carefully peel off one corner of the patch. Try not to touch the sticky side of the patch.



4

Press this sticky part of the patch onto the skin with the palm of your hand. Hold for at least 30 seconds.



5

Each patch could **last 3 days (72 hours)**. As soon as you take the patch off, fold it firmly in half so that the sticky side sticks to itself.



6

Always wash your hands after you have handled the patch using clean water only.

Where to apply the patch

1. Apply the patch on a flat part of your upper body or arm (not over a joint).
2. Do not apply the patch on skin that is very hairy.



Fentanyl patch

Be aware of...

1. The patch should be used only on the skin of the person for whom it has been prescribed.
2. Ensure that old patches are removed before applying a new one.
3. Patches must not be cut.
4. Put the patch in a **new area each time** you change the patch.
5. Make a note of the **day, date** and **time** you apply a patch, to remind you when you need to change your patch.
6. You **can shower or bathe** while wearing a patch, but do not soak in a hot bath or take a hot shower whilst wearing a patch.
7. If your **breathing becomes shallow** and weak take the patch off and **seek medical help**.

Forget to use

If you forget, change your patch as soon as you remember and change the patch again after 3 days as usual.

Pregnancy

If you are pregnant or breast-feeding, ask your doctor for advice before using this medicine.

Storage

- Store at room temperature
- Avoid sunlight
- After opening, it can be used until the expired date

Possible side effects

- Feeling sleepy, nausea, vomiting, constipation
- Rash is usually mild and disappears after you have removed the patch.