



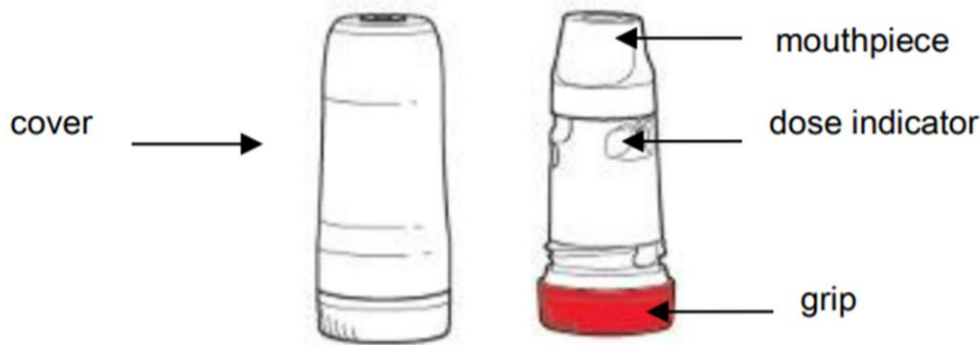
Symbicort[®] Turbuhaler[®] 120 dose

(Budesonide 160 mcg/formoterol 4.5 mcg/dose)

For treatment of asthma and chronic obstructive pulmonary disease (COPD)



A modern delivery system



How to prepare a new inhaler for use and using the inhaler



1

Unscrew the cover and lift it off.

Hold the inhaler upright with the red grip at the bottom.

Do not hold the mouthpiece when you turn the grip.



2

Twist the grip as far as it will go **in one direction** and **then twist it back** in the **opposite direction**.



3

Hold your Turbuhaler away from your mouth. **Breathe out gently**. Do not breathe out through the mouthpiece.



4

Inhale in deeply and forcefully through your mouth. **Hold your breath** for 5~10 seconds.

Do not chew or bite the mouthpiece.



5

Remove the inhaler from your mouth before you breathe out. **Replace the cover.**

If you have to be prescribed more than one inhalation, repeat steps 2-5.



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Be aware of...

1. Replace the cover properly after use.
2. The sound that you hear as you shake the inhaler is produced by a drying agent and not the medicine.
3. If you load your Turbuhaler more than once by mistake before taking your dose, you will still only receive one dose. However, the dose indicator will register all the loaded doses.

Attention !!!

Rinse your mouth with water after use to avoid oral thrush (candidiasis). Do not swallow.

Forget to use

Whenever recalling a missing dose, take it immediately. Skip missing dose if next scheduled dose is due shortly

Cleaning !!!

- Clean the outside of the mouthpiece regularly **with a dry tissue.**
- Do not use water or other liquids to clean.

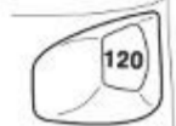
Storage

- Store at room temperature
- Avoid sunlight
- After opening, it can be used until the expired date

How do I know when to replace the inhaler?

1. The dose indicator shows how many doses remain in the inhaler, starting with '120' when the inhaler is full.
2. When the '0' has reached the middle of the window, it means the device is empty, and you must discard the inhaler.
3. The grip will still twist and 'click' even when the inhaler is empty.

Full dose



Empty

