

Foster Nexthaler

(Beclometasone 100mcg/Formoterol 6mcg, 120 Dose/Bot)

For patients with asthma or chronic obstructive

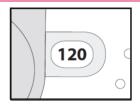




Instructions for use





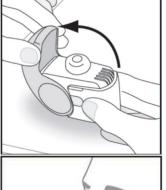




Check the counter

- Before the inhaler is used for the first time, the counter should show the number **120.** This is the number of doses in the inhaler.
- Each time you open the cover, you prepare 1 dose of medicine.

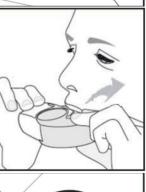
Prepare your dose: Wait to open the cover until you are ready to take your dose.





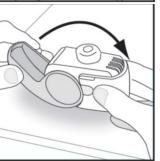
Open the cover fully.

- Slide the cover down to expose the mouthpiece.
- Your inhaler is now ready to use.
- Before inhaling breathe out as far as is comfortable.



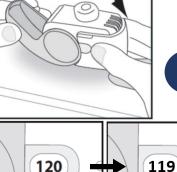
Inhale your medicine.

- Lift your inhaler up to your mouth and place your lips around the mouthpiece.
- Take a forceful and deep breath through your mouth.
- You should **hear a "click"** when you take your dose. Keep your inhalation for 1 to 2 seconds.
- Remove your inhaler from your mouth. Hold yout breath for 3 to 4 seconds at least.



Close the inhaler.

- Close the cover fully. Check that the dose counter has gone down by one
- If necessary, you may clean your inhaler after use with a dry tissue. Do not clean it with water.





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pulmonary disease (COPD)

Be aware of...

- 1. Please gargle with water or brush your teeth after inhaling.
- 2. The number shown in the window dose <u>not</u> decrease on closing the cover if the patient has not inhaled through the inhaler.
- 3. If the Dose Counter Window showed "0" there are no doses left dispose of your inhaler and get a new one.
- 4. Do not give the medicine to your family or friends.

Possible undesirable effects

- The most common is mild tremor at the beginning of treatment.
- Other common included pneumonia (in COPD patients)
- Headache, tachycardia, sinus bradycardia, angina pectoris, myocardial ischaemia, QT prolongation is uncommon.
- nasopharyngitis, oral candiasis, dysphonia, throat irritation, irritability, cortisol free urine decreased, blood cortisol decreased, blood glucose increased is uncommon.
- If the following symptom, please notify your doctor immediately: rashes, urticaria, pruritus and erythema and oedema of the eye, face, lips and throat (angioedema).

Forget to use

Whenever recalling a missing dose, take it immediately. Do not take the missing dose if next instructed dosing time is approaching.

How to store?

- Store at room temperature and avoid sunlight
- After opening, it can be used until the expired date.
- After first opening the pouch, the medicinal product should be used within 6 months.